



A La Carte Breakfast

Proudly Serving Cage-Free Eggs.

baked fresh

House-Made Cinnamon Roll 8 cream cheese icing, 1009 calories **V**

Banana Nut Muffin 4 151 calories **V**

Blueberry Oat Muffin 4 370 calories **V**

from the farm

Served with Tri-Color Breakfast Potatoes and Choice of Meat

***All-American Breakfast 21** two eggs any style, choice of toast, includes juice and coffee, 1080 calories **V**

signature breakfast bowls

The Anti-Oxi Bowl 14 acai, banana, strawberries, blackberries, blueberries, greek yogurt, house-made granola, 364 calories **V**

Fresh Berries and Superfood Granola Bowl 14 greek yogurt, fresh berries, house-made superfood granola, 328 calories **V**

Good Start Oatmeal Bowl 14 steel cut oatmeal, fresh berries, banana, choice of toast, includes juice and coffee, 221 calories **V**

house specialties

Avocado Toast 12 grilled multigrain, smashed avocado, pickled red onion, crumbled goat cheese, roasted tomatoes, micro greens, 482 calories **V**

Broken Yolk Sandwich 16 choice of bread, two over hard eggs, applewood bacon, cheddar cheese, tri-color potatoes, 811 calories **V**

etc.

Oatmeal, Brown Sugar, Raisins, Oat Milk 8 **V**

Cereal with Choice of Milk 5 **V**

Applewood Smoked Pork Bacon 5 **GF**

Turkey Bacon 5 **GF**

Country Pork Sausage 5 **GF**

Apple Chicken Sausage 5 **GF**

Tulu Breakfast Potatoes 3 **V**

Toast with Whipped Butter 3 **V**

Toasted Bagel and Cream Cheese 6 **V**

***Add a Cage-Free Egg 4** **GF, V**

Side Pancake 5 **V**

Fruit and Berry Bowl 6 **GF, V**

GF = Gluten-Free, V=Vegetarian, DF=Dairy-Free, K=Keto

*20% Gratuity is added to all parties of 6 or more. *Consuming raw or undercooked meats, fish, shellfish or fresh shell eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. If you have any concerns regarding food allergies, please alert your server prior to ordering.

morning. morning. **good morning.**